

# EXTREME SHAKE w/Sensoril® Ashwagandha PROTEIN & MULTI-COLLAGEN PEPTIDES

Formulated for people who want a true meal replacement shake with the age-defying properties of the popular ‘youth protein’ collagen.

Collagen is not a complete protein by itself. Combining whey with hydrolyzed multi-collagen (grass-fed beef, chicken, and fish) delivers the essential amino acid tryptophan, which our body cannot produce on its own, to make collagen into a complete protein. The collagen peptides in this formula are hydrolyzed making it easier to digest and absorb.

- Enjoy Healthy Weight Levels
- Enjoy Vibrant, Younger Looking Skin
- Enjoy Bone & Joint Strength
- Enjoy Lean Muscle Definition



## Why Are We Different?

EXTREME SHAKE is an advanced, keto-friendly, PROTEIN & MULTI-COLLAGEN Prebiotic/Probiotic Shake with the added benefit of patented SENSORIL® Ashwagandha. Sensoril® is Tested in Human Clinical Trials - Modern science has tested that the key to Sensoril® extract’s adaptogen, stress-reducing properties, is its ability to reduce levels of cortisol. Cortisol, the “stress hormone”, is responsible for producing many of the negative effects of stress in the body which can lead to overeating carbohydrates.

Just as important, Sensoril® Ashwagandha is up to eight times the strength of standard ashwagandha and you receive a THERAPEUTIC serving in every shake. Get ready for feelings of reduced stress and more restful sleep along with energy and mental acuity.

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## Healthy Weight Management

- Have you tried shakes that starved you, tasted terrible, or just left you in a state of hangry (hungry and angry) only to put the weight back on again? If you are a first-timer who just wants to shed 5-30 pounds or more, or you lead a fast-paced lifestyle and just want to have a quick nutritious meal, you'll love EXTREME SHAKE PROTEIN & MULTI-COLLAGEN with Sensoril® Ashwagandha.
- The perfect Keto-friendly shake that supports your body's ability to burn fat and produce energy, which can result in lean muscle while leaving you feeling energized, and your mood elevated.

## Hyaluronic Acid

- This exclusive formula includes Hyaluronic acid (HA). HA is actually "stored" within collagen. Often referred to as "Nature's Moisturizer," HA is a crucial lubricant for improving healthy skin, joints, and bone health. HA works synergistically with Collagen to help keep your skin looking youthfully smooth and plump.



## Why Collagen Peptides?

- Collagen makes up to 70% of your skin, therefore a collagen deficiency pushes the skin to weaken and sag, eventually causing fine lines and wrinkles. Collagen is also the glue, so to speak, that helps strengthen our cartilage and connective tissue along with tendons and ligaments to withstand impact.
- Studies recommend taking hydrolyzed collagen peptides daily to be effective. Taking collagen may support skin hydration to reduce the appearance of dryness, wrinkles, and fine lines along with supporting joint health.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.